

## ACT@Scale

C. Bescos, C. Westerteicher (Philips Healthcare); S. Pauws, H. Schonenberg, V. Gaveikaite, R. v. d. Heijden (Philips Research); P. Natsiavas, D. Filos, C. Maramis, I. Chouvarda, N. Maglaveras (Aristotle University Thessaloniki); S. Newman (City University London); J. Roca, J. Escarrabill (IDIBAPS); M. Moharra, T. Salas (AQuAS); C. Buchner, S. Hun, E. Ritson (Public Health Agency NI NRE); C. Pedersen, E. Nielsen, M. Craggs (Region South Denmark); D. Barrett, J. Hatfield (University of Hull); A. Gine, A. Fullaondo, E. de Manuel (Kronikgune); E. Buskens, M. Lahr (UMCG); I. Zabala (OSAKIDETZA); S. Störk, C. Wahl (University of Würzburg).

**ACT@Scale: Advancing Care Coordination and Telehealth deployment at Scale**

**Email: [agine@kronikgune.org](mailto:agine@kronikgune.org)**

Innovative technologies and services such as Care Coordination and Telehealth (CC & TH) have been demonstrated to help deliver patient-centred care to the chronically ill and frail elderly, by focusing on people and patient empowerment, seamless / integrated care, improved medical compliance, and enabling healthy ageing. Despite there is scientific evidence and many good examples of CC & TH around Europe, most of them has not progressed beyond pilots and small scale programmes. The greatest challenge is to move on from experiments to routine care, engaging healthcare organisations in implementing the changes associated with CC & TH care delivery. “Scaling-up” encompasses making the services sustainable, providing them to entire populations or cohorts of patients, and engaging patients and practitioners.

ACT@Scale is a European project that aims to implement, develop and consolidate Good Practices in Integrated Telemonitoring Attention, boosting its scaled and transferring the lessons learned from this to other European regions. ACT@Scale targets integrated care good practices in Basque Country, Catalonia, Groningen, Northern Ireland and South Denmark and aims to grow the programs by 300%, reaching 75000 patients in the 5 regions by 2019.

As the major challenge in scaling-up integrated care is the traditionally slow healthcare sector and barriers to organisational change, ASCT@Scale will use multi-organisational structured collaborative quality improvement methods based on Plan-Do-Study-Act (PDSA) cycle within the following general topics: (1) Stakeholder management and change management; (2) Optimisation of recruitment-service selection and service dynamic adaptation; (3) Sustainability and business case; and (4) Citizen empowerment.

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